Understanding Treaties - Dr. Sherry Johnson & Dr. Nadine Eastman - OSEU #2

It is our way of life. We are very in touch with our traditional...and we learned it through our father. So, we have him to thank...that he brought it back. He was one of the first ones because...all Indian religion was outlawed for lots of years. When it first...when you could do it out in the open again, he was one of the first ones that brought the sun dance back to our area. And that was the first sun dance we've had...and it's the oldest...and it's the one her husband still helps run.

And, you know, Sherry contributes a lot to it. Because she contributes a lot to it, she pulls all the family in and so we all help as well. That's where it started with him. It helped him be a better person by having that spiritual background.

It is our way of life and...I think those that are invested in it are healthier because they have a solid spiritual background.