## It's Up to You - April Fallis - OSEU 2

When I left treatment, they told us, all of us that were there, you know that it's up to you what you're going to do. This is your foundation. So, whatever you take with you and however you use it, that's how you're going to walk. And even though there was so many struggles and obstacles that got in my way... that tried to get in my way, I always go back there. Or I think of mom and her teachings, and know it's going to get better... and it always gets better.